

# Grammar Unit 4

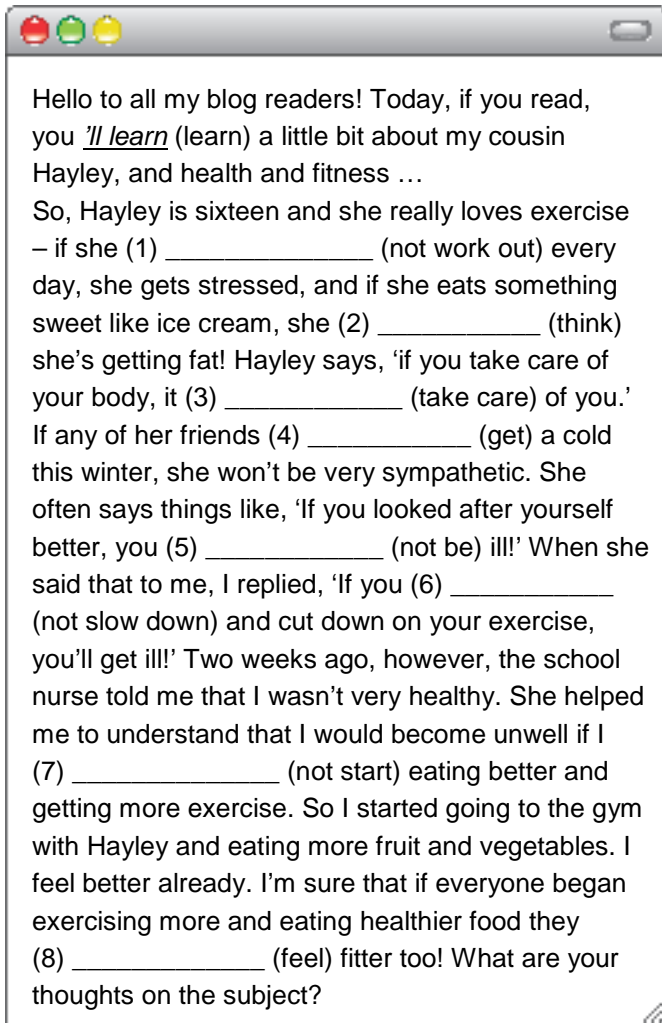
## The first and second conditional

### 1 Correct the mistakes in the first and second conditional sentences.

If you have time, ~~would~~ you go out for a walk? will

- 1 I'll ask for help with this homework unless I have any problems. \_\_\_\_\_
- 2 What will you do if you were me? \_\_\_\_\_
- 3 If they'll enter that race, I'm sure they'll enjoy it. \_\_\_\_\_
- 4 I didn't like it if my friend spoke to me like that. \_\_\_\_\_
- 5 They have their party in the garden unless there's a storm. \_\_\_\_\_
- 6 If your phone would break, would you buy the same type again? \_\_\_\_\_

### 2 Complete the text with the correct first or second conditional form of the verbs.



Hello to all my blog readers! Today, if you read, you 'll learn (learn) a little bit about my cousin Hayley, and health and fitness ...

So, Hayley is sixteen and she really loves exercise – if she (1) \_\_\_\_\_ (not work out) every day, she gets stressed, and if she eats something sweet like ice cream, she (2) \_\_\_\_\_ (think) she's getting fat! Hayley says, 'if you take care of your body, it (3) \_\_\_\_\_ (take care) of you.' If any of her friends (4) \_\_\_\_\_ (get) a cold this winter, she won't be very sympathetic. She often says things like, 'If you looked after yourself better, you (5) \_\_\_\_\_ (not be) ill!' When she said that to me, I replied, 'If you (6) \_\_\_\_\_ (not slow down) and cut down on your exercise, you'll get ill!' Two weeks ago, however, the school nurse told me that I wasn't very healthy. She helped me to understand that I would become unwell if I (7) \_\_\_\_\_ (not start) eating better and getting more exercise. So I started going to the gym with Hayley and eating more fruit and vegetables. I feel better already. I'm sure that if everyone began exercising more and eating healthier food they (8) \_\_\_\_\_ (feel) fitter too! What are your thoughts on the subject?

## The third conditional

### 3 Read the third conditional sentences, and write what really happened. Use **because** or **so**.

If you hadn't been rude to me, we wouldn't have argued.

We argued because you were rude to me.

OR

You were rude to me, so we argued.

- 1 If Sam hadn't worked hard, he wouldn't have got the top marks in his class.  
\_\_\_\_\_
- 2 We would never have bought a new computer if our old one hadn't crashed.  
\_\_\_\_\_
- 3 I would have said hello if I'd seen you at school yesterday.  
\_\_\_\_\_
- 4 If we'd known the restaurant was so expensive, we wouldn't have eaten there.  
\_\_\_\_\_
- 5 If I hadn't felt tired, I would have stayed later at the party.  
\_\_\_\_\_

### 4 Write third conditional sentences to complete the story. Use the prompts.

~~the weather / not be / cold and snowy~~ → Andrew's bus / ~~not be / late~~ → he / arrive / at the college / on time → he / sit / the exam → he / pass / his course → he / become / a nurse → he / help / lots of people

If the weather hadn't been cold and snowy,

Andrew's bus wouldn't have been late. If Andrew's bus hadn't been late, \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# Vocabulary Unit 4

## Phrasal verbs

### 1 Choose the correct option.

To *open up* to someone means to \_\_\_\_.

**a** communicate **b** spend time together **c** argue

1 To *calm down* means to \_\_\_\_.

**a** get less stressed **b** be excited **c** be sad

2 To *cheer up* means to \_\_\_\_.

**a** be eager **b** be worried **c** stop feeling sad

3 To *cut down* on something means to \_\_\_\_.

**a** use more **b** use less **c** make more

4 To *work out* means to \_\_\_\_.

**a** absorb **b** be interesting **c** exercise

5 To *chill out* means to \_\_\_\_.

**a** get cold **b** relax **c** stop liking someone

6 To *face up* to something means to \_\_\_\_.

**a** see the truth about a difficult thing

**b** see a place for the first time

**c** show your feelings

### 2 Complete the sentences with the correct form of the phrasal verbs from exercise 1.

Stop shouting at your brother! *Calm down* and then we'll talk about what he's done.

1 I'm gaining weight – I need to \_\_\_\_\_ on the chocolate I eat.

2 It took her a long time, but Sarah finally \_\_\_\_\_ to me about her problems.

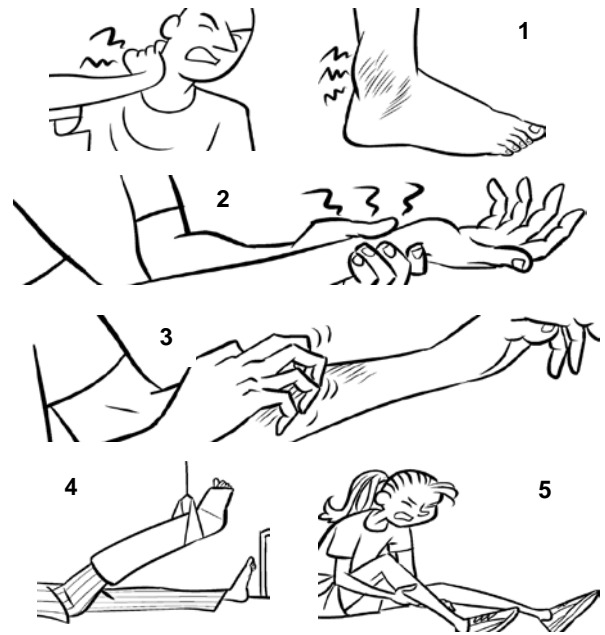
3 You need to \_\_\_\_\_ your money problems, and get some help.

4 You work so hard! Why not have a break for the afternoon and \_\_\_\_\_?

5 John has been \_\_\_\_\_ at the gym for years.

6 David is sad about his exam results. Let's take him to a café to \_\_\_\_\_ him \_\_\_\_\_.

## Aches and pains



### 4 Look at the pictures and complete the words.

so re n eck

1 sw \_\_\_\_\_ n an \_\_\_\_\_

2 sp \_\_\_\_\_ d wr \_\_\_\_\_

3 it \_\_\_\_\_ y sk \_\_\_\_\_

4 br \_\_\_\_\_ l \_\_\_\_\_

5 ac \_\_\_\_\_ g mu \_\_\_\_\_ s

## Extra vocabulary

### 5 Complete the phrasal verbs.

Don't *lie* around doing nothing all day!

1 Shut that door. We want to \_\_\_\_\_ the heat in!

2 \_\_\_\_\_ up in warm clothes. It's cold outside.

3 You'll \_\_\_\_\_ up with a broken leg, if you don't slow down!

4 Don't \_\_\_\_\_ on talking when I ask you to stop!

### 6 Complete the adjectives in the text.

Rock climbing is popular in India, although it isn't the country's national sport. India is a very hot country, so it's (1) adv \_\_\_\_\_ to wear light clothes to keep cool. However, some of the tallest mountains are (2) sn \_\_\_\_\_ on the top, so you'll also need winter gear. Remember, that some hills and mountains are not very (3) acc \_\_\_\_\_, so you have to go on a long hike just to arrive at the start of your climb! Rock climbing can be a dangerous sport, but if you're (4) cau \_\_\_\_\_ with safety, and get the correct training, you'll have a great experience.

## Asking for and giving advice

### 3 Complete the sentences.

My advice would be to sleep more.

1 Make \_\_\_\_\_ you get lots of exercise.

2 \_\_\_\_\_ do you think I \_\_\_\_\_ do about this?

3 Would you \_\_\_\_\_ taking a paracetamol?

4 \_\_\_\_\_ you thought \_\_\_\_\_ getting help?

5 You \_\_\_\_\_ to visit the doctor.

6 What \_\_\_\_\_ you do if you \_\_\_\_\_ me?